



The  
Foundation  
for Medical  
Practice Education

## Practice Based Learning Programs

# Practice Based Individual Learning (PBIL) Program

The **Practice Based Individual Learning (PBIL)** Program is an educational program based on the same educational principles as the Practice Based Small Group (PBSG) Learning Program, but designed for physicians who cannot, or prefer not to, meet in an ongoing group setting. This program allows physicians to continue their self-directed learning when and where they choose. The PBSG Learning Program was established in 1992, to help family physicians develop a supportive network in which group members could discuss problem cases, in a way that would facilitate change in knowledge, attitudes, and skills. The Programs are part of The Foundation for Medical Practice Education, a non-profit organization dedicated to professional development for the family physician.

### The Foundation's Mission

Our mission is to provide practising physicians with the means to maintain and enhance their professional knowledge and competence, and to integrate that knowledge into their practice through the development, dissemination and evaluation of educational approaches, with materials and support that are learner-centred and practice-based, using evidence-based educational principles.

### Practice Based Learning Modules

The Foundation for Medical Practice Education publishes 14 educational modules per year for its members, and has a library of over 70 current topics that are available in both English and French. These modules are printed packages which include family practice cases, an evidence-based summary of key information, and relevant patient information sheets (handouts) or chart aids which physicians will find useful in practice. The modules are developed by practising family physicians and reviewed by specialists in the field.

View a [sample module](#) on our website: [www.fmpe.org](http://www.fmpe.org)

### How Does the Practice Based Individual Program Work?

Participants have several enrollment options designed to fit individual study needs.

- Option **A** - all educational modules as they are published during the membership year
- Option **B** - 9 modules per year
- Option **C** - 6 modules per year

Registrants choosing Option B or C can select module topics from the *previous* year's list. Each module is accompanied by a personal log sheet designed to help participants maximize their learning and to integrate it into their practice.

### Study Credits

This program is accredited by The College of Family Physicians of Canada for two MAINPRO-C credits per module. Participants who wish to receive MAINPRO-C credits will, through completion of their personal learning log, provide satisfactory evidence that they have reflected on the educational material within the context of their own practice.

These credits qualify for the American Medical Association Physician's Recognition Award Category 1 credit and the American Academy of Family Physicians Prescribed credits.

## HOW TO JOIN THE PRACTICE BASED INDIVIDUAL LEARNING PROGRAM

**REGISTRATION:** Please complete the attached registration application.

**OPTIONS:** Participants have three options. If you choose to register for Option A, you will receive all of the modules published during your membership year, as they become available. If you choose Option B, you will receive 9 modules that you select from the previous year's list of topics. If you choose Option C, you will receive 6 modules that you select from the previous year's list of topics. Additional module topics may be purchased for an extra fee.

**MAINPRO CREDITS AND PERSONAL LOGS:** Each module will be accompanied by a personal learning log sheet designed to record the potential impact of the module on your practice. In your initial package, you will receive instructions on how to complete and submit the log sheets to qualify for study credits.

**MEMBERSHIP REGISTRATION FORMS MAY BE SENT BY:** Mail, Fax, Phone or Website

**The Foundation for Medical Practice Education**

McMaster University, 1280 Main Street West, DTC Basement Level  
Hamilton, Ontario, Canada L8S 4L8

**Fax:** (905) 540-4988

**Phone:** 1-800-661-3249 or (905) 525-9140, ext. 22219

**Website:** [www.fmpe.org](http://www.fmpe.org) **E-mail:** [fmpe@mcmaster.ca](mailto:fmpe@mcmaster.ca)

## PBIL MEMBERSHIP ADVANTAGES

The following are just a few of the important benefits of belonging to this Program.

- **FLEXIBILITY** that allows physicians to continue their self-directed learning when and where they choose, with options tailored to their learning needs;
- **EDUCATIONAL MODULES** that are developed by family physicians for family physicians, and extensively researched by qualified staff; **MODULE TOPICS** that cover a wide array of practice issues, including acute care medicine; **PRACTICAL INFORMATION (including practice aids and patient handouts)** that can be readily used in clinical practice;
- A user-friendly **WEBSITE ([www.fmpe.org](http://www.fmpe.org))** which enables downloading of appendices and pamphlets from the modules, and which includes a clinical discussion board for exchanging questions and ideas with colleagues;
- An informative quarterly **NEWSLETTER** that includes discussion of issues relevant to clinical practice;
- An **EXCEPTIONAL VALUE** for maintaining your professional educational competence.

**Other FMPE programs accredited by The College of Family Physicians of Canada:**

- *Practice Based Small Group (PBSG) Learning Program*
- *Practice Based Ad hoc Small Group Learning Program*



