

Appendix 2: Factors to review during assessment for COPD

		Date:	
Patient Name:		Age or DOB:	

Category	Item	Comments	Findings
Risk Factors	Current smoking status		Total pack-years:
	Prior smoking status		
	Smoking cessation	Encourage cessation; recommend nicotine replacement or bupropion	
	Occupational exposures	Second-hand smoke or other lung irritants	
Personal History	Asthma	Asthma coexists in ~10 of cases	
	Allergy		
	Other lung disease		
	Cardiovascular disease		
Family History	COPD	Especially early-onset (age <40)	
	Other lung disease		
Symptoms	Chronic cough	May be only symptoms in at-risk patients or early disease	
	Chronic sputum production		
	Dyspnea	Under what conditions?	
	Wheezing or chest tightness		
	Fatigue		
	Weight loss		
	Exacerbations	Triggers, frequency and severity	
	Current management		
Functional Impairment	Work and other activities		
	Mood changes	Anxiety, depression, ...	
Supports	Family and social		

Source: Institute for Clinical Evaluative Sciences (ICES).
 A breath of fresh air: New guidelines for the management of COPD. *Informed* 2003; 9(4).

