

Inflammatory Bowel Disease

What is Inflammatory Bowel Disease?

The term inflammatory bowel disease refers to a group of disorders that cause the intestines to become inflamed. This inflammation can cause abdominal cramps and pain, diarrhea, and sometimes bleeding.

The two most common kinds of inflammatory bowel disease are:
Crohn's disease and **ulcerative colitis**

Depending on the type of inflammatory bowel disease, investigations and treatments may vary.

Where can I get more information on Inflammatory Bowel Disease?

New tests and treatments are being developed. To get the most up-to-date information, the following sources may be helpful:

Crohn's and Colitis Foundation of Canada (CCFC)

The CCFC is a national not-for-profit voluntary medical research Foundation.

www.cafc.ca/English/info/ibd.html

www.fcii.ca/French/index.html (French)

If you do not have access to the internet, contact them for printed material. The address is:

Crohn's and Colitis Foundation of Canada

National Office

600-60 St. Clair Avenue East

Toronto, ON M4T 1N5

Telephone: (416) 920-5035, 1-800-387-1479

Fax: (416) 929-0364

BC Health Guide

BC Health Guide is a self-care program, available 24 hours every day.

Crohn's Disease: www.bchealthguide.org/kbase/topic/major/uf6003/descrip.htm

Ulcerative Colitis: www.bchealthguide.org/kbase/list/msindex/search.asp

Healthy Ontario

A non-profit website that is easy to use and has its database reviewed by experts.

www.healthyonario.com > Conditions > Colitis, Ulcerative or Crohn's Disease

Medline Plus

MedlinePlus is a service of the U.S. National Library of Medicine and the National Institutes of Health. It has numerous links to other websites and will direct you to information to help answer health questions.

www.nlm.nih.gov/medlineplus/crohnsdisease.html

www.nlm.nih.gov/medlineplus/ulcerativecolitis.html

CCFA: The Crohn's and Colitis Foundation of America

The Crohn's and Colitis Foundation of America is a non-profit organization dedicated to finding the cure for Crohn's disease and ulcerative colitis. Go to the website below, click on "Disease Information" on the left side of the screen, and then choose from the list of topics that appears below it.

www.ccfa.org

American Academy of Family Physicians (AAFP): Inflammatory Bowel Disease

This is the website of the national medical organization that represents U.S. family physicians. This is one of the many medical conditions about which they provide information.

familydoctor.org/252.xml

NACC: The National Association for Colitis and Crohn's disease

The NACC is based in the United Kingdom. It brings together people of all ages who have Ulcerative Colitis or Crohn's Disease, their families, and the health professionals involved in their care. The website below has excellent information under the headings, "facts about IBD" and "Information Sheets on specific topics".

4 Beaumont House, Sutton Road, St Albans, Herts AL1 5HH, UK

Information Line: 01727 844296

www.nacc.org.uk

